

Professional Experience

Mosaic Consulting
2019-Present

Behavioral Health Therapist

Responsibilities:

- Contributes to Mosaic's mission, vision, and program philosophies by way of work product and professional behavior with both internal and external consumers
- Adheres to all current federal & state laws, as well as Mosaic's Policies and Procedures, including the safeguarding of confidential healthcare information and compliance with the Health Insurance Portability & Accountability Act (HIPAA)
- Reports immediately any suspected incidents of child abuse or neglect to the Treatment Director and the Child Abuse Hotline
- Establishes relationships and communicates with clients, caseworkers/probation officers, family members, and staff
- Identifies and seeks resolution for potential problems arising with all involved parties
- Makes recommendations for program improvements
- Assists the Treatment Director and other professionals in short and long-term planning for the Behavioral Health program
- Completes initial diagnostic assessments on all clients assigned to determine treatment needs, as well as conducts ongoing assessments
- Develops initial treatment plans and updates treatment plans
- Provides in-home and in-office therapy to individuals, family, or groups as clinically indicated
- Provides support and crisis management services as needed or as requested by supervisor
- Attends court hearings when necessary

Ocean's Behavioral Hospital
2018-Present

Therapist

Responsibilities:

- Provide direct clinical services including initial assessments, treatment interventions (i.e. group counseling, individual counseling, education groups) for assigned caseload
- Development and implementation of treatment planning (goals based on the patient goals identified in the initial assessment)
- Provide individual, family, or group therapy
- Document progress and assess whether goals are being met or need extended, includes completing treatment updates
- Update families on the progress and status of their loved ones
- Document interventions, progress, and family contacts in a timely manner

Professional Experience Continued

Cisco College, Abilene, Texas
2016-Present

Psychology Adjunct Professor

Responsibilities:

- Provide quality learning experiences for students
- Assess student learning and provide consistent feedback to students
- Communicate clearly and effectively using the college network system

Betty Hardwick Center, Abilene, Texas
2017-2018

Child & Adolescent Rehab Case Manager

Responsibilities:

- Provide case management and skills training to consumers
- Daytime crisis work, intakes, treatment planning
- Assessment of child's living environment
- Advocate for children and their families

Cisco College, Abilene, Texas
2015-2017

Library Reference Assistant

Responsibilities:

- Assist patrons with online research and writing assignments
- Provide basic reference to patrons
- Manage and update electronic reserve materials
- Assist with media equipment request
- Oversee library computer lab
- Coordinate displays in library according to holiday, celebrations or promotional events

Library TA II Media Specialist

Responsibilities:

- Control and schedule media materials
- Media equipment inventory
- Keeping media equipment up and running
- Ordering and replacing parts for equipment
- Making recommendations on software and equipment
- Oversee library computer lab

Education

Cisco Junior College, Abilene, Texas
Associate of Arts
May 2009

Hardin-Simmons University, Abilene, Texas
Bachelor of Behavioral Science, Psychology
May 2011

Hardin-Simmons University, Abilene, Texas
Master of Education, Counseling and Human Development
May 2015

Professional Development

Knowledgeable of Microsoft programs
Worked as a bookkeeper for Michael's Arts and Craftes
Use of Titanium scheduling
Counseling Internship at McMurry University (2013-2014)
PREPARE/ENRICH certification (2014)
Title 9 Training (November 2015)
Diversity, EEO, and Discrimination Prevention Training (2016)
Collection Development Training (2016)
Collection Development Policy Training (2016)
Extreme Customer Service Training (2016)
Training in ANASZI (2017)
Licensed Professional Counselor Intern (2017)
Security Awareness (2017)
ASIST (2017)
Healing Neen (2017)
Counseling on Access to Lethal Mean (2017)
Managing suicide risk collaboratively: The CAMS framework (2017)
SBIRT for health and behavioral health professionals (2019)
Jurisprudence Exam (2019)
Texas CANS 6-17 1.0 (2019)
Texas CANS 3-6 1.0 (2019)
Texas ANSA (2019)
Trauma Informed Care Training (2019)
Co-Occurring Psychiatric and Substance Abuse Disorders (2019)
Reporting suspected abuse or neglect of a child: A guide for professionals (2019)
Client/Patient Rights (2019)
Illness management and recovery (2019)
Documentation training (2019)
Adult Texas Resilience Recovery Guidelines (2019)
Texas Resilience Recovery Child Guidelines (2019)
Recovery and Resilience (2019)
Brief Bipolar Disorder Symptom Scale (2019)
Client/Patient Rights (2019)
Cultural Diversity (2019)
Identifying and preventing abuse and neglect (2019)
Motivational interview (2019)
Overview of severe and persistent mental illness (2019)
Positive symptom rating scale (2019)
Brief negative symptom assessment (2019)
Quick inventory of depressive symptomology (2019)
Treatment plan documentation (2019)
Turning Point training (2020)